



The View From Above



Newsletter for the Sacramento Tall Club

July 2013 – April 2014

In this Issue:

From the Editor	1	Upcoming STC Events	10
From the President.....	2	Upcoming TCI Events	11
Officers' Reports	2	Your STC Officers:	14
What's Happening, STC?.....	2	Contact Us:	14
Other Photos	10		

From the Editor



Whoops. Well, *this* newsletter is laaaaaaate. Oops.

Life happens, as we all know. Our jobs get busy; we fall ill; families – both blood and acquired – need our help. Even an editor has her moments. So apologies for the lateness of this issue, and I hope it still has value.

Moving on...

I would like to encourage our members to check out the fun weekends being planned by our sibling clubs around the world. See the website at <http://tall.org/tci-weekends-register-now/>

These weekends provide an opportunity to socialize with friends at a shorter event and more frequently than the TCI convention. Yours truly attended the Chicago Weekend in January (more on that in What's Happening), and I'm looking forward to August when I'll travel North to play with the Portland Club at their Portlandia Weekend. I hope some of you will join me there!

Cheers!

Alice Q.

From the President



Hello everyone, great to report that the year is going well. Member renewals are still coming in, lots of STC members attending convention, new events being suggested using Meetup, new website up and running well, many summer events in the planning. We have awarded a scholarship, are continuing to be a Zoo Parent, raised money for Marfan Foundation and have some money left!

The summer concert series in Fair Oaks Park are always a big hit and wonderful place to hang out and visit with your tall friends and support local artists, clubs, chambers and charities. Let me know what movies you might want to see during the Back Yard Movie Nights. The Member Appreciation Party is being talked about but nothing firm yet. Any ideas, want to help??? Need a great party minded group to help plan, organize and make happen! What else would you like to do this summer? Use Meetup to suggest an event or contact Carla M. If you are not a member of Meetup, you can still see the calendar by going to the web site.

Harry L., President
Sacramento Tall Club

Officers' Reports

Treasurer's Report

No report available at press time.

From the Marketing Chair: MeetUp, Facebook, and Yahoo are the ways to contact us or keep track of events. Barnes & Noble has changed our account to the new # 916-HOW TALL. And we are changing our Entertainment books to: "Zbest Books". Watch for the 2015 books later this summer.

From the Membership Chair: Membership renewal letters have been sent. If you have not paid your dues, please do so. They can be mailed to" STC Membership. P.O. Box 515, Rancho Cordova, CA 95741.

From the Webmaster: if you are a paid member and cannot access the members-only page, please contact Dave S. or Harry L.

What's Happening, STC?

2013 Member Appreciation Party

It was Luau time! This-year's Member Appreciation Party was a luau! The club provided a roast pig, with chicken as an option if reserved in advance. The club also provided sodas and water.

From Harry L.:

We had over seventy people in attendance. Some of us managed to make the party last three days. Set up the BBQ pit, put up decorations, tables and managed to party in the process. Then the day of the party, we started before the sun came up...! Yes, lighting the BBQ and getting the pig ready. Then a nap until the coffee pot came on. People arrived at all hours during the day and evening. Being a pool party, it was a kid friendly event during the day. Then the Band arrived for the music and dancing, oh, did I mention the food? Yes, lots of food, soda and water all furnished by the club and it's wonderful members! When the music started the chairs were turned around to face the entertainment, and we were entertained! Great group! After the main part of the guests went home, there were quite a few that spent the night. Even had a tent pitched in the back yard.... The clean-up, the next day, went quickly with many hands helping. Looking forward to another MAP this summer! Please join in the planning, implementation and fun!

Dan S. tending the cooking pit



One wet group



The band



The audience



Paramount's 2014 Weekend: "Crazy from Head to Toe"

From Alice Q.

Crazy we must have been. Several STC members braved the elements – and potential flight delays – to attend the Paramount Chicago Weekend in January. With temperatures down into the 30s, we could have experienced some really rotten conditions. Instead, other than the cold and the wind, and a little snow, we experienced a wonderful weekend.

Among the activities available were: a walking tour of downtown Chicago; a tour of Frank Lloyd Wright's house and several other buildings designed by the architect; trips to the local casino; a preview of Ford's new "Transit"; a "Crazy from Head to Toe" cocktail and costume party; and a lovely semi-formal dinner and party.

The Paramount club worked with the hotel to arrange a shuttle to transport attendees wherever they wished to go (within reason) during the weekend. And several Paramount members acted as tour guides and drivers for the various sightseeing trips. Overall it was a grand weekend, and I would definitely do it again.

Photos from this event:

Friday night "Crazy Head to Toe"

*Best Couple Costume,
Bob and Patty H.*



The other Bob H.



Alice Q.



A sculpture in downtown



Talls with "The Bean"



Dave R. being interviewed by the Ford rep.



Two Queens with a small fan



At Frank Lloyd Wright's home and studio



At the Frank Lloyd Wright-designed Trinity Church



A weekend for Marfan

From Bob H

This past April, Patty and I spent a weekend in the Los Angeles area to support a Marfan fundraiser. A number of years ago, California Tip Toppers member Michele C. started a casino night fundraiser to support the Marfan Foundation. Michele has Marfan and has been working to aid the foundation and others with Marfan.

We met with a host of California Tip Toppers (CTT), out of town TClers and Marfan supporters for a Friday night dinner. We then headed over to the Moose Lodge in El Segundo, right next to LAX. The eager crew worked for several hours turning the lodge hall into a "fine gaming establishment".

Saturday morning we carpooled to the condominium of Tom and Ann in Marina Del Rey. Their condo is right on the beach and they are wonderful hosts. After some relaxing and some drinks on the porch, we all went for a stroll toward Venice Beach. The main boardwalk ends just to the

north of the condo, so they don't get the crowds in their neighborhood. There were about twelve of us that strolled along the beach boardwalk past Muscle Beach and up toward Santa Monica.

We had lunch and started for the return back to the condo. The beach boardwalk is scattered with many things to do. Tattoo parlors and "medicinal" dispensaries where you can get your "green" card from onsite doctors. There are eateries and souvenir shops, and artists and vendors too numerous to count. But I must say that maybe the biggest event on the boardwalk is people watching.

After returning to the hotel and freshening up, we piled in our cars and headed over to the Moose Lodge for the main event. Most of the people were from the LA area and a lot of those attending were tall club members supporting the event that Michele has worked so hard for over the years.

We were accompanied by many Tall folks from out of town - Ellen from Phoenix, Barry, Larry and Katie from Milwaukee, Wally from Rochester, Bryan and Cindy from Las Vegas, Lori from Oklahoma City and Jim from Chicago. There were a number of CTTers there too. There was also a surprise appearance by TallDerek. Larry and Katie were convinced to come to convention in DC this year. Since Katie just turned 21 the week before the weekend, she will be, most likely, the youngest TCI member at convention this year - beating out our son John by about six months.

There was plenty of food and the gaming soon started. There was blackjack, roulette and craps. There was a 50/50 raffle and ticket that were won with gaming winnings were deposited in bags for raffle prizes. A silent auction for gift baskets and other merchandise was also there. We had a great time and a lot of money was raised for Marfan.

This is an event that we will attend again and maybe we can drag a few of you along for the ride.

Bob and Patty H

A "Day at the Races"

From Bob H

So eight tall betters took off to the Bay area for the "Day at the Races" and settled in the Turf Club at Golden Gate Fields in Berkeley. It was a beautiful day by the Bay and the brunch was fantastic.

As the racing day started, some of us were betting like we knew what we were doing. And some of us just didn't really know.

Do you bet by the trainer, the jockey, the horse, the color of the horse, how many ribs can you see or how cute the horse handler was? I still haven't figured it out. However, I did learn some important things which I will now share with you.

Things I learned at the "Day at the Races"

- ✿ Don't put all your money on a long shot horse. Conversely, don't put all your money on a short long house.

- ✿ If you bet your horoscope number and it is 31, you better hope that there are a lot of horses in the race.
- ✿ It's always easier to pick a winning horse after the race. You just don't win any money off of it.
- ✿ The Turf Club is not always the best place to watch a race, however there is a spectacular view of the bay and San Francisco from the bathroom windows.
- ✿ Getting outside with the general public is great. Outside you get to experience the sights and aromas of the track. Hopefully you get the right aromas.
- ✿ I-80 traffic adjacent to the track is always easier to take as you sit in the stands and watch it from a distance.
- ✿ If your wife wins a lot of cash on the first two races, be very nice to her if she holds the car keys. Then make her buy dinner.
- ✿ A racehorse named Strawberry Ice is not always a sherbet!
- ✿ Ripping up a losing ticket does not help you win the next race.
- ✿ Many of the horses at the Santa Anita track have much more imaginative names than at Golden Gate Fields.
- ✿ When you place a \$5 bet on a horse and it pays you \$5.25, that can be a good day.
- ✿ Winning only 25¢ on a horse named Alternative Plan should have been a clue to get an alternative plan.
- ✿ In the seventh race, I did some Deep Reflection and consulted My Boy Butch to get out of Tonzatrouble. I got Expensive Pens and a Gold Star, I put myself in a Defensive Move, but my horse Stick Builder still came in second.
- ✿ Why is horse racing so romantic? Because the horse hugs the rails, the jockey puts his arms around the horse and you can kiss your money goodbye!

Oh well, we will do this again and see that if I polish some California Chrome, maybe my luck will change.

What I do know is that things always go better when you are with Tall Club friends.

Bob H.

2014 Scholarship Winner

The 2014 Sacramento Tall Club Scholarship was awarded to Trent P. from Rocklin.

Trent is 6'7". Having graduated from Rocklin High School with a GPA of >4.0, he intends to study mechanical engineering at UC Irvine. He has an impressive list of extra-curricular activities, awards, and community services and volunteer work, as follows:

School Organizations / Athletics -

Basketball all four years; Volleyball his senior year; National Honor Society in his senior year; California Scholarship Federation all years; the Every Fifteen Minutes Program, junior and senior years; and Honor Guard, junior and senior years.

Awards, Honors, and Achievements -

Distinguished Community Services Award (150+ hours), senior year; MVP, basketball, freshman year; Most Improved Player, Basketball, junior year; President's Education Award based on GPA and test scores, junior year; AP Scholar with Honor, junior year; CIF Spirit of Sport Award, senior year; and Valedictorian candidate, senior year.

Community Service and Volunteer Work -

Basketball Youth Camps; LINK; More Academic Support and Help (MASH) Tutoring; Every Fifteen Minutes Program; and various other projects through clubs.

Trent's scholarship essay is on the following page.

Trent will also be awarded one of the Scholarships sponsored by Tall Clubs International. Way to go, Trent!



**Trent P.,
2014 STC Scholarship Winner**

What Being Tall Means to Me

It's just another typical day, or rather, another stereotypical day in the life of a tall person. This stereotype, the fixed and often oversimplified image of tall people, is socially acceptable and widely recognized everywhere, and I do not escape it. I get bombarded with questions nonstop, asking about my height, what sport I play, and what living tall is all about. When asked about sports, instead of answering that I play basketball or volleyball, I sometimes respond with miniature golf instead as a joke and I get a surprised reaction because my answer doesn't fit the stereotype.

Of course there are disadvantages to being tall. As a child I envied my 6'9" uncle, and always told Dad I wanted to be as tall as him. He responded by saying that this is not a tall world, and as I grew to 6'7" I came to realize the truth in his statement. It is a major struggle to find clothes to fit such unusual proportions, and finding a car with enough headroom and legroom is like winning the lottery. Everyone automatically assumes I am great at sports just because of my height, but it took sixteen years to actually grow into my body. Before, my arms and legs often seemed to do their own thing on impulse, sending me sprawling or chasing after a missed ball, so I have had to learn to laugh at myself. I get asked for lots of height-related favors, fixing lights and hoops and getting that last item off the top shelf, and I am happy to help. Some people cringe when I describe these 'struggles', wondering how I live with them, but I would not trade my height for the world.

My height essentially makes up my character. Yes, there are some nice perks and advantages to being tall, but I value my height because it means much more than that to me. The advantages are only the surface, while the implications are endless. Upon seeing me, the first thing others notice is that I am very tall, and they look up to me both literally and figuratively. I am initially respected because of it, and because my character is so visible, I strive each day to maintain that respect. My height is by no means a source of entitlement, or a reason to have a condescending attitude towards shorter people. Instead, it is a source of confidence for me and a significant part of my development into a leader. I was shy through middle school, but blossomed in high school in part due to my height being a point of recognition. This led to me being more recognizable, connected, and involved, part of the foundation that I use to become a leader. My gift of being tall has helped me with success in sports, which teaches me the valuable lessons of a strong work ethic, sportsmanship, and perseverance.

The distinct advantages and opportunities presented by my height have shaped my character and have been crucial in my development as a leader. It isn't just my body that is tall and large, but my presence and personality as well. Being tall does not make me better than the next person, but personally I would never give it up because it has become my character.

Other Happenings

- ✚ Patty H. is still hosting Saturday morning walks along the American River. We've had a decent turnout at most walks. We go for an hour or so, and walk 3 to 4 miles from varying starting points. Come out at 8:30 A.M & enjoy the trails along the American River. Locations are announced on Meetup.
- ✚ STC is still involved in volunteer work for the community, and we help raise money for important causes, such as scholarships for outstanding tall students and Marfan syndrome. We have even adopted a giraffe at the Sacramento Zoo and sponsor a mile along the American River Parkway.
- ✚ Business Meetings are open to members, and happen the second (2nd) Tuesday of every month (except as otherwise posted). IHOP, 2216 Sunrise Blvd., Rancho Cordova. Come help plan events and welcome any prospects that come to our monthly meeting. Meetings start at 7:00 p.m.: arrive a little early to order any food and get a head start on your dinner! IHOP has been very good in letting us use the back room for our meetings for a long time. Do what you can to support them.
- ✚ At the last business meeting we discussed the possibility of hosting the 2015 TCI Convention.

Ruckus by the River 2014

Sacramento Tall Club will not hold its Ruckus by the River weekend this year. Discussions are ongoing regarding alternating with the Bay Area clubs or Portland, or moving the Ruckus to a date in the spring.

Other Photos

Sacramento Tall Club - Founders Toast, May 5th.



TGIF



Upcoming STC Events

- ✚ First Friday of every month: TGIF, now at the Kilt Pub, 4235 Arden Way, Sacramento, CA 95864

- ✦ Third Friday of every month: TGIF, location to be announced. 5:00-whenever we all go home.
- ✦ Every Thursday night from June 12 through August 28: Fair Oaks Concerts in the Park, Fair Oaks Village Park, 4238 Main Street. Concerts start at 7pm; best to be there early
- ✦ TBD: Member Appreciation Party at Harry's home in Orangevale. Contact Harry for the address.
- ✦ TBD: Anniversary picnic.
- ✦ Friday, June 6th: TGIF at El Tapatio on Sunrise.
- ✦ Friday, June 13th: Comedy Under the Stars, Fair Oaks Amphitheater, 7991 California Avenue, Fair Oaks
- ✦ Saturday, July 26th: Annual salmon barbeque fundraiser at Bob and Patty H's. RSVP to either of them.
- ✦ Friday, August 1st: Comedy Under the Stars, Fair Oaks Amphitheater, 7991 California Avenue, Fair Oaks
- ✦ Saturday, August 2nd: Apple picking party
- ✦ Friday, October 3rd: Comedy Under the Stars, Fair Oaks Amphitheater, 7991 California Avenue, Fair Oaks

All of these items and more are posted at <http://sacramentotallclub.org/>

Upcoming TCI Events

2014 TCI Delegates' Meeting

From Bob H.

Greetings to my tall fellow STC members.

This year at the TCI convention in Washington DC, yours truly will be the STC delegate at the TCI delegates meeting. As I peruse the proposed by-law and resolution changes I don't see anything that I suspect will bring up any heated debates this year. The agenda has still yet to be finalized. I will summarize what changes are proposed. If you want to see the full changes, please see the links at the bottom of this article to find the on-line version.

There are seven proposed by-law changes:

1. Will remove the requirement that club newsletters to be sent to TCI. Since most clubs no longer produce a newsletter, this was deemed as unnecessary.
2. Better defines the definition of Associate club members from a TCI standpoint. Many clubs have differing definitions and this will let those clubs keep those viewpoints and clarifies those members from the TCI view.
3. Cleans up a minor change in how a line item in the budget is defined
4. Changes the wording of the Finance Officer's duty to set up budgets from leadership to TCI office holders.
5. Moves a set of written duties from the alternate treasure's list of duties to the Treasurer's duties.
6. Gives a deadline for publication and distribution of the annual delegates meeting of September.
7. Clarifies how approved by-law and resolution changes are checked for accuracy and timely posting.

Most of the proposed resolutions are based on the queen's pageant. Read them below.

1. Changes the rules so that there must be at least three queen candidates for there to be a pageant at any convention.
2. Makes it possible for members who want to run for queen from a club that does not sponsor a queen or a member at large to be able to run for queen.
3. Changes the rules for who may be a judge at a queen pageant so that certain TCI members may judge in the pageant.
4. Excess proceeds from a queen pageant will be added to the convention proceeds and directed to TCI
5. Adds some ordering information for the crown and sash to the by-laws for ease of ordering
6. Clarifies who can participate in TCI convention sporting events.
7. Changes the name from *the National Marfan Foundation* to *the Marfan Foundation* in the preferred charities section.

As you can see, it does not look like anything too earth shattering.

For more information, go to www.tall.org and click on *Members Only* and the *Members Console*, and then click on *Member Downloads*.

2014 Kae Sumner Einfeldt TCI Lifetime Achievement Award Nominees

- Jayne Utter
- Kate Weigant
- Nancy Collier
- Norine Folino
- STC's own Sue Karon

2014 Frank Winker TCI Lifetime Achievement Award Nominees

- Charles Goldstein
- Fred Heater
- John Bewick
- Oliver Gruter
- Robert Habenicht

Also running for Vice-president of Membership for TCI, our own Patty Huggett.

If you have any comments on any of these resolutions or by-law changes, please contact me at publicity@sacramentotallclub.org. Or come to the June business meeting and we will discuss your thoughts and ideas.

We are eagerly anticipating convention this year and we know that we will see many of you there.

Your Delegate for 2014
Bob Huggett



JUNE 30 – JULY 6, 2014 • Early Bird Price \$599

EVENTS	Monday 6/30	Tuesday 7/1	Wednesday 7/2	Thursday 7/3	Friday 7/4	Saturday 7/5	Sunday 7/6
DAYTIME	• Registration	• Trolley On/Off Tours • Capital Tours — House/Senate	• Open Morning • Mt. Vernon Tour	• Delegates Meeting • City Tours	• Volleyball • Workshops • 4th Festival • Open	• Golf • Explore D.C.	• Kill the Bottle and Farewells
EVENING	• Reception • Marfan and Foundation Fundraiser	• Dinner at Union Station • Moonlight Monument Tour	• Dinner Cruise on the Potomac River	• Dinner • Miss TI Pageant • Queen's Ball	• Dinner • Fireworks	• Dinner • Awards • Dance	• TBA, if you are staying with us
AFTER HOURS	• Hey Donkeys & Elephants, the Giraffes are here!	• MonumenTALL Tour Time	• The Game: Be it, Bring it, Play It!	• PJs vs. DJs	• Cherry Bomb! (other assorted firecrackers)	• Politicians Gone Wild	

In 2014, the annual TCI convention is going to be a CapiTALL affair in Washington DC. This is one of the most anticipated events of the year for Tall Clubs members everywhere! Check out some past conventions [here](#). As always, the Miss Tall pageant will take place during the TCI convention. Find out more about the selection process by [clicking here](#).

TCI Member Full Package

\$650.00 postmarked by 6/10/2014

\$675.00 after 6/10/2014

For partial prices, please contact the organizers - TCIRegistration@aol.com; or a hard-copy letter to TCI Conventions, Inc., 8907 Wellington Ave, Oklahoma City, OK 73120 (sorry, no phone number available for release).

First 75 paid in full by 6/10 receive FREE Convention T-Shirt! (with final payment please include t-shirt size)

Minimum \$100 deposit check holds price breaks

Mail to:
TCI Conventions, Inc.
8907 Wellington Ave.
Oklahoma City, OK 73120

Click [here](#) to register today and to take advantage of Early Bird registration price. (Must be a TCI member. [Join today](#) and come to the convention!)

For questions about the convention, send an e-mail to TCIRegistration@aol.com; or a hard-copy letter to TCI Conventions, Inc., 8907 Wellington Ave, Oklahoma City, OK 73120 (again, no phone number available for release).

Your STC Officers:

All-Officers e-mail: officers@sacramentotallclub.org

President: Harry L.
president@sacramentotallclub.org

Social Chair: Carla M.
social@sacramentotallclub.org

Vice President: Dan S.
R.vicepresident@sacramentotallclub.org

Editor: Alice Q.
editor@sacramentotallclub.org

Secretary: Jennifer G.
secretary@sacramentotallclub.org

Membership Chair: Debra J.
membership@sacramentotallclub.org

Treasurer: Cathy H.
treasurer@sacramentotallclub.org

Sergeant at Arms: Brad F.
sergeant@sacramentotallclub.org

Scholarship Chair: Patty H.
scholarship@sacramentotallclub.org

Historian: open
historian@sacramentotallclub.org

Marketing Chair: Patty H.
marketing@sacramentotallclub.org

Publicity: Bob H.
publicity@sacramentotallclub.org

Webmaster: Dave S.
webmaster@sacramentotallclub.org

Contact Us:

STC Hotline: 916-469-8255

STC Meetup Group: <http://www.meetup.com/sacramento-tall-club/>

STC Facebook Page: <https://www.facebook.com/#!/groups/sactallclub/>

STC Yahoo Group: <http://groups.yahoo.com/group/SacTallClub>

STC Web Page: <http://sacramentotallclub.org/>

Tall Clubs International Facebook Page: <https://www.facebook.com/#!/groups/8267051046/>

Tall Clubs International webpage: <http://www.tall.org>